Southeast Michigan Expansion Workshop #3
April 2nd, 2024; Virtual session from 1 pm – 4pm
SEMI Workshop Series: What we have done so far...

Workshop #1 - In-person - January 25 at Second Ebenezer Church, Detroit

❖ Welcome & Introductions
❖ A Fugue on Caregiving (performance by LimeLight)
❖ Exhale Program Overview & Timeline
❖ Let’s Hear from Caregivers of Older Adults (ARCHANGELS presents findings from its 2023 fielding of the Caregiver Intensity Index in SEMI)
❖ Creative Problem-Solving training session #1 - Overview of Creative Problem-Solving

Workshop #2 - Virtual - February 28 from 9am-12:00 noon

❖ Overview of the Exhale grant funding opportunity, application form and timeline
❖ Overview of Caregiver Ideation Sessions - Gathering caregiver input to inform your respite program design
❖ Creative Problem-Solving training session #2 – Clarifying the Challenge and Ideating Solutions
Exhale SEMI Workshop #3 Agenda

1. Welcome & Introductions (1 pm)
2. Speed-Dating Exercise (1:05 pm)
3. Update on Ideation Stakeholder Input Sessions from Teresa Lawrence, International Deliverables (1:20 pm)
4. Review the Letter of Interest (LOI) form (3:50 pm)
5. Closing & Questions (3:55 pm)
Speed Dating Exercise
Update on Ideation Stakeholder Input Sessions

With Teresa Lawrence, International Deliverables
Exhale SEMI LOI and Application Review

2024 Exhale SEMI LOI

- Due date: May 29th at 5pm

2024 Exhale SEMI Application

- Due date: July 22nd at 5pm
- [https://shorturl.at/fhq23](https://shorturl.at/fhq23)
# Program Timeline

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<th>SEMI Workshop Series</th>
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<tr>
<td>Workshop #1</td>
<td>In Person</td>
<td>January 25</td>
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<tr>
<td>Workshop #2</td>
<td>Zoom</td>
<td>February 28 (9am – 12pm ET)</td>
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<td>Workshop #3</td>
<td>Zoom</td>
<td>April 2 (1pm – 4pm ET)</td>
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<td>Workshop #4</td>
<td>Zoom</td>
<td>April 23 (9 am– 12pm ET)</td>
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<td>Workshop #5</td>
<td>In Person, in Detroit at the Second Ebenezer Church</td>
<td>May 15 (lunch served at 12pm ET; workshop from 1pm-4:30pm ET)</td>
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<tr>
<th>SEMI Grant Opportunity</th>
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<td>Project and proposal development period</td>
<td>January – July</td>
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<td>Letters of Intent and budgets due</td>
<td>May 29, 5pm ET</td>
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<tr>
<td>Final proposal and budgets due</td>
<td>July 22nd</td>
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<td>Grant funding decisions announced</td>
<td>August 30</td>
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Closing & Questions?
Exhale SEMI Workshop Series – Remaining Workshop Agendas

Workshop #4 - Virtual - April 23 from 9am-12:00 noon

❖ Explore Exhale marketing, communications, and recruitment best practice, tips and strategies with Crowley Webb Communications
❖ Creative Problem-Solving training session #4 – Developing fundamental project management skills
❖ Questions? Discussion?

Workshop #5 - In-person - May 15 at Second Ebenezer Church, Detroit

❖ Lunch served at noon
❖ Facilitated Working Session from 1:00-4:30pm intended for organizations planning to apply for Exhale grant funding
❖ Real-time support and technical assistance (TA) available from Exhale faculty (TPI and Teresa Lawrence) throughout the working session
Exhale Program Funders & Partners

EXHALE Co-Funders in SEMI:
• Ralph C. Wilson, Jr. Foundation
• Ann Arbor Area Community Foundation
• Michigan Health Endowment Fund

EXHALE Partners in SEMI:
• Community Foundation for Southeast Michigan
• Blue Cross Blue Shield of Michigan
• The Philanthropic Initiative (TPI)
• International Deliverables
• New York Academy of Medicine
• ARCHANGELS
Exhale Resources & Key Contacts

Collective Participant List & Workshop Slides

• Accessible Online at: www.Exhaleforcaregivers.org

Questions? Contact...

• John Tyler at jtyler@tpi.org for program questions
• Teresa Lawrence at Teresa@internationaldeliverables.com for questions about creative problem-solving and facilitation
• Anna Moceyunas at amoceyunas@tpi.org for Zoom, scheduling, and other support
Exhale SEMI Workshop #3 Survey

https://nyam.qualtrics.com/jfe/form/SV_0j2bjTltl5IVW5M