



Southeast Michigan Expansion Workshop #3

April 2nd, 2024; Virtual session from 1 pm – 4pm



SEMI Workshop Series: What we have done so far...

Workshop #1 - In-person - January 25 at Second Ebenezer Church, Detroit

- ❖ Welcome & Introductions
- ❖ A Fugue on Caregiving (performance by LimeLight)
- ❖ Exhale Program Overview & Timeline
- ❖ Let's Hear from Caregivers of Older Adults (ARCHANGELS presents findings from its 2023 fielding of the Caregiver Intensity Index in SEMI)
- ❖ Creative Problem-Solving training session #1- Overview of Creative Problem-Solving

Workshop #2 - Virtual - February 28 from 9am-12:00 noon

- ❖ Overview of the Exhale grant funding opportunity, application form and timeline
- ❖ Overview of Caregiver Ideation Sessions - Gathering caregiver input to inform your respite program design
- ❖ Creative Problem-Solving training session #2 – Clarifying the Challenge and Ideating Solutions

Exhale SEMI Workshop #3 Agenda

1. Welcome & Introductions (1 pm)
2. Speed-Dating Exercise (1:05 pm)
3. Update on Ideation Stakeholder Input Sessions from Teresa Lawrence, International Deliverables (1:20 pm)
4. Review the Letter of Interest (LOI) form (3:50 pm)
5. Closing & Questions (3:55 pm)

Speed Dating Exercise

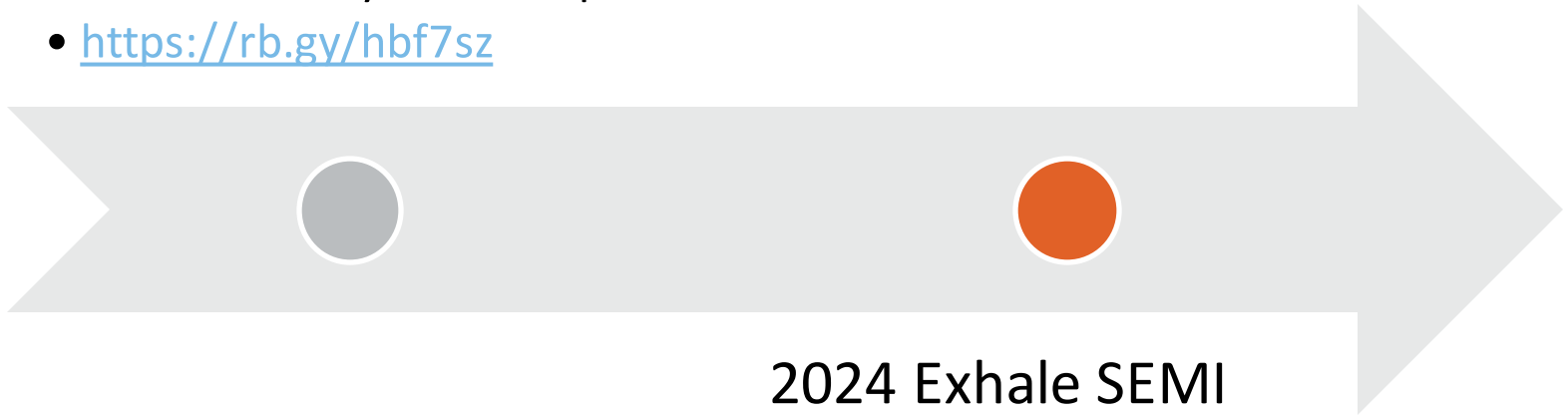
Update on Ideation Stakeholder Input Sessions

With Teresa Lawrence, International Deliverables

Exhale SEMI LOI and Application Review

2024 Exhale SEMI LOI

- Due date: May 29th at 5pm
- <https://rb.gy/hbf7sz>



2024 Exhale SEMI Application

- Due date: July 22nd at 5pm
- <https://shorturl.at/fhq23>

Program Timeline

SEMI Workshop Series		
Workshop #1	In Person	January 25
Workshop #2	Zoom	February 28 (9am – 12pm ET)
Workshop #3	Zoom	April 2 (1pm – 4pm ET)
Workshop #4	Zoom	April 23 (9 am– 12pm ET)
Workshop #5	In Person, in Detroit at the Second Ebenezer Church	May 15 (lunch served at 12pm ET; workshop from 1pm-4:30pm ET)

SEMI Grant Opportunity	
Project and proposal development period	January – July
Letters of Intent and budgets due	May 29, 5pm ET
Final proposal and budgets due	July 22nd
Grant funding decisions announced	August 30

Closing & Questions?

Exhale SEMI Workshop Series – Remaining Workshop Agendas

Workshop #4 - Virtual - April 23 from 9am-12:00 noon

- ❖ Explore Exhale marketing, communications, and recruitment best practice, tips and strategies with Crowley Webb Communications
- ❖ Creative Problem-Solving training session #4 – Developing fundamental project management skills
- ❖ Questions? Discussion?

Workshop #5 - In-person - May 15 at Second Ebenezer Church, Detroit

- ❖ Lunch served at noon
- ❖ Facilitated Working Session from 1:00-4:30pm intended for organizations planning to apply for Exhale grant funding
- ❖ Real-time support and technical assistance (TA) available from Exhale faculty (TPI and Teresa Lawrence) throughout the working session

Exhale Program Funders & Partners

EXHALE Co-Funders in SEMI:

- Ralph C. Wilson, Jr. Foundation
- Ann Arbor Area Community Foundation
- Michigan Health Endowment Fund

EXHALE Partners in SEMI:

- Community Foundation for Southeast Michigan
- Blue Cross Blue Shield of Michigan
- The Philanthropic Initiative (TPI)
- International Deliverables
- New York Academy of Medicine
- ARCHANGELS

Exhale Resources & Key Contacts

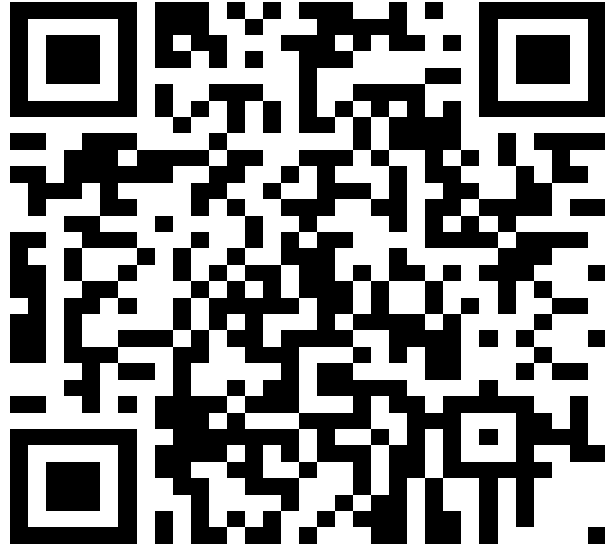
**Collective
Participant
List &
Workshop
Slides**

- Accessible Online at:
www.Exhaleforcaregivers.org

**Questions?
Contact...**

- John Tyler at jtyler@tpi.org for program questions
- Teresa Lawrence at Teresa@internationaldeliverables.com for questions about creative problem-solving and facilitation
- Anna Moceyunas at amoceyunas@tpi.org for Zoom, scheduling, and other support

Exhale SEMI Workshop #3 Survey



https://nyam.qualtrics.com/jfe/form/SV_0j2bjTltl5IVW5M